Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

Center for Mental Health Services (CMHS)

ARKANSAS

Arkansas Department of Human Resources

Little Rock, AR

SM00118

Disaster Counseling Congressional District: AR-02

FY 99 Funding:

\$150,000

Project Period: 6/16/99 - 3/15/00

Crisis counseling following a tornado.

NAMI-Arkansas Little Rock, AR

Consumer Networking SM52602

Congressional District: AR-02 FY 99 Funding: \$55,000 Project Period: 9/30/98 - 9/29/01

The Arkansas Mental Health Leadership Initiative will enhance two advocate organizations through a joint oversight committee representing both NAMI Arkansas and Personal Empowerment of the Psychiatrically Labeled (PEOPL). The Initiative will address organizational needs by focusing on two areas: leadership development through training and coalition building and organizational development through membership diversity and strategic planning. A comprehensive training initiative will consist of a curriculum of regular workshops and seminars designed to increase the capacity of members to perform essential governance and management and to work effectively in groups while also addressing their personal development needs. An outreach program will enhance the diversity of both organizations by developing informed memberships and comprehensive plans will be developed including the perspectives of all stakeholders.

Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

Center for Substance Abuse Prevention (CSAP)

ARKANSAS

University of Arkansas, Medial Sciences

Little Rock, AR

SP08761

Family Strengthening Congressional District: AR-02

FY 99 Funding:

\$96.123

Project Period: 9/30/99 - 9/29/01

The Arkansas Center for Addiction Research, Education and Services (ARCARES) plans to implement a best practice model to provide in-home family support for family strengthening. The target population includes women in recovery and their children as they transition from the intensive phase of substance abuse treatment to the community. The goals of this project are to: build an immediate capacity to implement an effective family strengthening intervention; conduct an evaluation of the decision-making process to add to the knowledge base; increase family resiliency; increase the community capacity to serve the target families; and disseminate information to policy makers and providers on the effectiveness of the intervention.

Centers for Youth and Families

Little Rock, AR

SP08246

Parenting Adolescents

Congressional District: AR-02

FY 99 Funding:

\$530,994

Project Period: 9/30/98 - 9/29/01

The Teen Parenting program fosters collaboration between key community agencies to implement a comprehensive preventive intervention designed to improve educational outcomes, parenting skills, and general well-being as well as to reduce substance abuse and repeat adolescent childbearing. The Centers for Youth and Families supports early, intensive interventions for adolescent females who are pregnant or parenting, eligible for TANF (Temporary Assistance to Needy Families) assistance and reside with a parent or guardian in Pulaski County. By targeting both the teen mothers and their parents, this program seeks to prevent or reduce substance use, improve school performance, delay subsequent pregnancies, and improve parenting and life skills.

Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

Center for Substance Abuse Prevention (CSAP)

ARKANSAS

Child Development, Inc

Starting Early/Starting Smart

Russellville , AR

SP08015

Congressional District: AR-03 **FY 99 Funding:** \$676,493 Project Period: 9/30/97 - 9/29/01

Child Development, Inc. will evaluate the integration of behavioral health services into Head Start sites serving children from 12 rural Arkansas counties. The intervention group will focus on children who enter Head Start at age three. This group will receive intensive intervention services and support for two years of Head Start and seven months of kindergarten. A minimum of 120 children, primarily white and African American will be included. Focus children will be compared to an equal-sized control group. Programmatic efforts will include case management and strong focus on developing individualized interventions based on child and family needs. In addition to the behavioral health component, specific interventions may include: home visitation; parenting training, education and support groups; parent-child bonding activities; incorporation of prevention activities into regularly scheduled parent meetings; and training and support for classroom and other Head Start personnel. The project also will seek to enhance the capacity of community behavioral health providers to meet the needs of young children and their families/caregivers through community teams and training. This grant initiative is a cross-collaboration among CMHS/CSAT/CSAP.

Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

Center for Substance Abuse Treatment (CSAT)

ARKANSAS

University of Arkansas, Medical Sciences

Little Rock, AR

Action Grant TI11882

Congressional District: AR-02 **FY 99 Funding:** \$109,859
Project Period: 9/30/99 - 9/29/00

The project proposed to implement A Therapeutic Community (TC) model. It is a residential treatment system where adults with long and severe histories of substance abuse are treated in a peer-based milieu. The principal treatment modality is a behavioral relearning process that incorporates both positive reinforcement and negative sanctions. The TC model incorporates research identified best practices into an integrated system of care. Some of the components of the TC model are: Community environment; community activities, phase format; work as therapy and education; encounter groups; awareness; continuance of recovery.